The Fort Huachuca Scout®

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Company A, 40th Signal Battalion returns home

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Photo by Spc. John Martinez

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Photo by Thom Williams

Command changes

DENTAC gets new boss.

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Photo by Rob Martinez

Paintball

Get dirty, get bruised, have fun.

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Courtesy photo

Arizona traveler

Plan a vacation in grand style.

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Ride to Work Day for good cause - fill Fort Huachuca food locker

By Francis Linley
Special to the Scout

What began with a conversation over lunch at the Post Exchange resulted in an idea to use an existing nationwide motorcycle awareness event to help fill an immediate need in the Installation Chaplains' food locker. The 15th annual motorcycle awareness event, Ride to Work Day, will take place Wednesday.

"Riding to work on this day shows the positive value of motorcycles and scooters for transportation. For many people, riding is an economical, efficient and socially responsible form of mobility that saves energy, helps the environment and provides a broad range of other public benefits," states Andy Goldfine, the national event organizer. Motorcycle and scooter enthusiasts and rider organizations worldwide encourage their members to ride to work on this day.

Friends, retired Soldiers and avid motorcyclists, Chet Brown and Rick Dewitt, discussed the Ride to Work day during lunch at the PX food court with Chaplain (Maj.) Kevin Leideritz. The conversation highlighted the usual links between motorcyclists, motorcycle clubs, and frequent charitable events. In particular, they recounted to Leideritz the absence of a previously annual motorcyclist charity event started by Bill Simcox (a senior U.S. Air Force noncommissioned officer) for the purpose of collecting food items for needy Soldiers. Both gentlemen thought the event had not been held these past few years due to the closure of the Chaplain's food bank. It was then that Chaplain Leideritz mentioned the existence of the Installation Chaplain's Food Locker, adding that he was sure there were immediate needs that could be met if people were willing to assist.

The men developed a plan to host a motorcycle event on Wednesday to benefit the Installation Chaplain's Food Locker. The event will include motorcycles, donations of non-perishable food items and a host of volunteers; the details are still pending. More information regarding food collection times and locations will follow. Those who wish to be involved, even if you don't ride a motorcycle or scooter, are asked to contact Chet Brown for more information at 533-1067 or e-mail at chester.brown@hua.army.mil.

For information about Ride to Work Day, a non-profit organization, log on to the Web site at: http://www.ridetowork.org.

The Fort Huachuca Food Locker is available to Soldiers in need. On a case-by-case basis, supplies are also available to Department of Defense civilian employees, Non-Appropriated Fund employees, contract employees and to others on Fort Huachuca.
For more information, call Jo Moore at 533-4748 Monday through Friday from 8:30 a.m. to 4 p.m.

The Fort Huachuca Food Locker needs donations – you can help on Wednesday
Critically needed: diapers, pull-ups, baby supplies, canned meats (such as tuna, chicken, ham, Spam), hamburger and hotdogs split out into one pound packages, canned fruit, and toiletries.
Other needed items include: canned goods, boxed goods, peanut butter, jelly, bottled salad dressing, mayonnaise, mustard, ketchup, relish, cereal, cake and brownie mixes, dry packages of pasta, spaghetti sauce, crackers, and other non-perishable food supplies.

Ride to work on Wednesday with saddlebag or backpack full of food. A designated and signed pickup truck and volunteers will be available at the following locations and times:

Greely Hall - 7-9 a.m.
Kelly Ops - 7-9 a.m.
Rowe Hall - 1-3 p.m.
Commissary - 4-6 p.m.

Scout On The Street — The Company A "Gators", 40th Signal Battalion, spent a year in south central Iraq. *What was the highlight of your homecoming?*

Spc. Katrina Adams
Company A, 40th Signal Battalion

"... returning back to the States, to a normal life."

Sgt. Terrance Mobley
Company A, 40th Signal Battalion

" ... seeing my kids."

Staff Sgt. Eugene Darby
Company A, 40th Signal Battalion

"My highlight was seeing my family."

1st Lt. Stephanie Delabastide
Company A, 40th Signal Battalion

"The best part of coming home was just sitting on my couch with my dog and my husband."

Sgt. Jonathan Blieger
Company A, 40th Signal Battalion

"It's always the plane ride that gets back to the States ... lands, and you get off the runway back in the USA again."

The Fort Huachuca Scout®

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DENTAC changes command

Col. Michael Brace, outgoing commander, and his wife of 25 years, Ann, are greeted by well-wishers following the DENTAC Change of Command Ceremony July 6.

Story and photo by Thom Williams
Scout Staff

The Soldiers assigned to the Fort Huachuca U.S. Army Dental Activity gained a new commander July 6 during a ceremony on Brown Parade Field here.

Col. Michael Brace, outgoing commander, passed the activity colors to Col. Steven Eikenberg, commander, Great Plains Regional Dental Command who then passed them to Col. Louis Campana II, incoming commander, signifying the change of command.

Eikenberg then took the podium and reflected on Brace's contributions during his two-year command of the Dental Activity.

"Despite the loss of several officers due to the deployment, he still managed to meet mission success rates of 95 percent dental readiness for the trainees with minimal resources," Eikenberg said.

He also noted that in order to increase access to care for Soldiers, Brace created a private-sector network of civilian dentists he could send Soldiers to in Sierra Vista.

He then called Brace a trusted leader who was always willing to do the right thing no matter how difficult the task was.

Brace will retire in October 2006. He has served in the U.S. Army since 1985. He and his wife of 25 years, Ann, will reside in Sierra Vista.

Eikenberg then welcomed the incoming commander, Campana, asking him to ensure members of the Fort Huachuca community get the best possible dental care because they deserve no less.

Brace then made his remarks thanking Soldiers, government civilians and contractors on Fort Huachuca for helping him to take care of Soldiers.

Campana wished the Braces well in their transition from active duty to the civilian sector.

He told the DENTAC staff that he's encouraged by everything he's seen and heard about the unit and looks forward to joining them in continuing to provide the highest quality dental care in the community.

Campana and his wife, Dreena, come to Fort Huachuca from an assignment at the U.S. Army Medical Department Center and School at Fort Sam Houston, Texas where he served as a staff group instructor and deputy chief for Officer Professional Development.

He began his Army career as an enlisted Soldier in 1974 serving as a practical nurse.

A Dental Activity Honor Guard presented and retired the colors during the ceremony with the 36th Army Band providing music. A detachment from B Troop, 4th U.S. Cavalry (Memorial) stood nearby on the parade field.

Dental Clinic implements new OHI program

Story and photo by Anthony Reed
Scout Staff

Toothaches will hurt Soldiers a whole lot less with a new program recenly implemented by the post Dental Clinic.

"The Oral Health Initiative is a big cultural shift with the Department of Defense," said the new DENTAC Commander, Col. Louis Campana II. "The previous focus had always been on dental readiness, which was to get Soldiers out of Class III and Class IV categories and into a deployable status."

Dental readiness is a vital part of making a Soldier deployable. In the past, Campana said the previous system left the U.S. Army with a large percentage of Class II category Soldiers who did not have all of their dental needs met.

According to the DENTAC Commander, the Corporate Dental Application was initially developed to capture patient workload. An additional module was added to enter the patient's treatment plan. "Once we were able to capture all of the unmet dental needs within DoD, it was obvious that we could not meet all the dental needs with the limited resources available."

He said a TriCare Management Agency study acknowledged that military dentistry was under-funded. "TMA provided additional money for military dentistry."

Dental Readiness Class I Soldiers suffer significantly fewer dental emergencies during deployment. In an effort to bring Soldiers up to this standard, Soldiers are seen at the Dental Clinic here and in the private sector.

About 70 percent of funds were allocated to increase the resources at the Dental Treatment Facility, and 30 percent of funding was allocated to private sector care.

"The OHI system is a significant benefit to the Soldier," Campana said. "Historically, Dental Readiness Class I Soldiers suffer significantly fewer dental emergencies during deployment."

Meet DENTAC's new commander: Col. Louis Campana II

By Anthony Reed
Scout Staff

There's a fine line between the enlisted and officer corps of the U.S. Army. Piano notes and guitar chords, when orchestrated just right, produce great music. The new DENTAC commander has harmoniously melded and parlayed the two corps into an impressive military career – analogous to how he plays the guitar and keyboards.

Col. Louis F. Campana II recently took over the helm of DENTAC here.

The Williamsport, Pa. native was an enlisted Soldier for nearly eight years before spending the last 19 as a commissioned officer.

After an enlisted medical career that took him to infantry and airborne divisions and a stint at a Combat Support Hospital, Campana earned a Bachelor of Science degree in biology at Wilkes College, Wilkes-Barre, Pa. and, in 1987, received his DMD from the Temple University School of

See **CAMPANA**, page A15

Army MARS program still going strong

Story and photos by Thom Williams
Scout Staff

Mention the MARS Station to retired servicemembers and they'll probably tell you about how they were able to talk to loved ones back in the States while serving overseas, through a system of phone patches, high frequency radios and a network of volunteer radio operators in the United States.

The U.S. Army Military Affiliated Radio System is still going strong and offers morale and welfare phone-patching and MARS messages and it also has transformed into a critically important back-up emergency communications system.

"MARS has evolved into emergency communications support not just for the Army but other government agencies," said Kathy Harrison, Chief of the Army MARS. "We still provide the old morale and welfare phone patching and MARS messages that it's been known for years."

The Army MARS system also participates in the National Communications Systems Shared Resources High Frequency Radio Program, a system designed to bring together federal, state and private industry HF resources, so emergency messages can be passed when normal communications channels are destroyed or unavailable.

Some of the government agencies involved in the program includes the Federal Emergency Management Agency, Department of Homeland Security and the State Department.

During Hurricanes Katrina and Rita, the Fort Huachuca MARS Station relayed messages that could not be passed in the affected area because the communications infrastructure was destroyed.

"We were calling in a rescue mission to the Coast Guard and they would then dispatch the helicopters in New Orleans and rescue people," said Grant Hays, contract project manager and eastern area MARS coordinator.

Hays went on to say that in a post Hurricane Katrina and Rita special report from the White House, MARS was named in the report because of its ability to communicate during the emergency.

Along with voice traffic, MARS can pass large files with bulk information such as patient or supply lists using computers.

Army MARS is directed and managed by the Department of the Army through the U.S. Army Network Enterprise Technology Command/9th Army Signal Command headquartered in Greely Hall on Fort Huachuca.

MARS is made up of 2,500 member stations in the continental United States of which 270 are military stations with the remaining civilian volunteers.

The U.S. Navy and U.S. Air Force also have MARS systems that are similar to what the U.S. Army runs and they participate in operations together.

According to the NETCOM/9th ASC Web site, MARS was founded in November 1925, and was called Army Amateur Radio System. The organization was started by members of the U. S. Army Signal Corps led by Capt. Thomas Rives.

The system was shut down during World War II because of security concerns and was later renamed Army MARS, along with the newly formed Air Force MARS. In early 1963, the Navy-Marine Corps MARS was established.

MARS relies almost exclusively on volunteer operators who donate many hours and buy their own equipment to make the system work.

"We have volunteers who have invested hundreds of thousand of dollars in communications gear," Hays said. "One volunteer has their own trailer and participates in the Grecian Firebolt signal exercise as a MARS player."

The MARS Stations' equipment and antennas also serve as training aids for 11th Signal Brigade Soldiers.

"We help Soldiers here at Fort Huachuca when it comes to knowing about HF communications and antennas, he said. "All our antennae work here is done by a team on post and they get a lot of training just by using these towers to climb and repair the antennas."

The NETCOM/9th ASC manages two gateways for HF radio traffic into and out of the continental United States. Fort Huachuca takes care of the Western U.S. and Pacific connectivity, and Fort Dietrick, Md. houses the Eastern gateway into the U.S.

Eighteen contractors, most of whom are retired military, staff the two MARS stations and provide administrative and operational oversight for the Army MARS program. The stations are operational 24 hours a day, seven days a week.

MARS is always looking for more volunteer operators. An applicant must be at least 17 years old, a citizen or resident alien of the United States, possess an amateur radio license, have a station capable of operating on MARS frequencies in the Very High Frequency or High Frequency ranges. Applicants must also agree to operate a minimum of 12 hours per quarter.

Hays predicts a bright future for MARS. "I see a pretty good picture because of our involvement with emergency communications, and I see that there is a service that can be provided to both government agencies and non government agencies, he said.

For more information on MARS visit www.netcom.army.mil/mars/default.htm.

(Editor's note: Some information for this article was taken from the NETCOM Web site at www.netcom.army.mil/mars/default.htm.)

Sgt. Daniel Morales (left) and Pfc. Wayne Murray, Huachuca Platoon, 518th Signal Company (TIN), 504th Signal Battalion work on a connection outside the Fort Huachuca MARS Station.

Seymour Johnson Airman death announced

Scout reports

An Airman belonging to the 4th Equipment Maintenance Squadron and temporarily assigned to Fort Huachuca, Ariz., was killed in a motorcycle accident in Tucson, Ariz., Saturday.

Staff Sgt. John Siggins, a 26-year-old native of Manvel, Texas, served in the Air Force for seven years, and had been stationed at Seymour Johnson Air Force Base since 2000. He is survived by his mother, Sonia Blankenship and his brother, 2nd Lt. Scott Siggins, U.S. Army.

He is also survived by his father, John Siggins.

A funeral service was held at Chaffee Parade Field here at 4:30 p.m. Tuesday to coincide with retreat. The Air Force's Davis Monthan Honor Guard provided services.

A funeral service was also held yesterday at Seymour Johnson AFB, N.C.

Siggins will be buried in Pearland, Texas.

National Guard units respond to flooding in Northeast

By Spc. Jo Michael
Special to American Forces Press Service

More than 1,000 members of the Pennsylvania National Guard were involved in water rescues, evacuations and other emergency operations during the past days as widespread flooding caused a disaster emergency to be declared in 46 of the state's 67 counties.

The Pennsylvania Guardsmen were among National Guard Soldiers and airmen in several states who responded or stood ready to respond if called following torrential rains that left large areas throughout the northeastern United States underwater.

Pennsylvania National Guard troops assisted in nearly 1,000 water rescues after Gov. Edward G. Rendell declared a state of emergency late June 27. Guard members also assisted in evacuations, transported meals to affected counties, delivered water and assisted Pennsylvania State Police at access control points, state officials reported.

Much of the Guard's effort focused on Wilkes-Barre, from which tens of thousands of people were evacuated during the emergency.

In addition to flying missions throughout the commonwealth, Guard members in the state's aviation battalions flew to the small town of Conklin, N.Y., just over the Pennsylvania border, to assist local residents trapped by floodwaters as the Susquehanna River rose to nearly 30 feet.

Crews from the 2nd Battalion, 104th Aviation Regiment, and the 628th Division Aviation Support Battalion traveled north in CH-47 Chinook and UH-1 Huey helicopters to assist in the evacuation.

Broome County officials evacuated more than 4,000 residents to the Susquehanna Valley High School in Conklin, but as the river continued to rise, the school became surrounded by water, trapping the evacuees. The Pennsylvania Guard dispatched five CH-47 helicopters to transport the evacuees from the high school to Conklin Fire Station No. 2. From there, they were transported by bus to emergency shelters.

Maj. John Kubitz and Chief Warrant Officer Patrick Quinton led one of the crews. They maneuvered their CH-47 helicopter around power lines and trees to land on the football field of the high school. Once on the ground, crew members Sgt. Carl Hinton, Sgt. Dan Schmick, Sgt. Gregory Karli and Sgt. Justin Reynolds took charge of leading the evacuees onto the helicopter and securing them for the flight.

Staff Sgt. Greg Heinbaugh and Sgt. William Wrede were crew members on another Chinook when a call came in that three people were trapped on a rooftop. With nowhere to land, their crew was forced to hover over the house while Wrede was lowered in a jungle penetrator to rescue the residents. Heinbaugh operated the hoist and directed the pilots.

Meanwhile, more than 350 New York National Guard members were called to active duty to respond to flood-related missions in the Empire State.

Gov. George E. Pataki ordered the New York National Guard into action late June 27 in advance of the threat of severe flooding along the state's southern tier and other locations, according to Army Lt. Col. Paul Fanning, public affairs officer for the state's Joint Forces Headquarters.

Guard engineer and aviation forces surged forward the following day in support of local authorities in several

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Army providing 'unprecedented' mental health support to troops

By Donna Miles

American Forces Press Service

Soldiers who undergo the most intense, realistic training before deploying to combat tend to experience the fewest associated mental health problems, the Army's surgeon general told Pentagon reporters during a roundtable session today.

Army Lt. Gen. (Dr.) Kevin Kiley compared deploying Soldiers to football players preparing for a big game. Those who "put on the pads every day and try intercepting every day" are more prepared for the rigors of the game.

Troops returning from combat deployments demonstrate that similar preparation helps steel them for the stresses they inevitably face, Kiley reported. "The ones who were the most distressed said they needed more, tough training," he told reporters.

The Army's emphasis on what Kiley called "battle-minded training" recognizes basic facts about combat, he said. "It's hard. It's dangerous. It's scary," Kiley said. And by preparing for those realities, Soldiers are more prepared when they're exposed to them, he said.

Regardless of what some headlines might lead people to think, most Soldiers don't have mental-health problems during or after their deployments. "When our Soldiers return home, most will experience a brief readjustment period and a successful home transition," Kiley said. "The majority of troops are and will remain mentally healthy."

But that said, Kiley acknowledged that deployments — particularly those that expose troops to prolonged combat — put heavy stressors on even the most healthy troops. Some will need short- or long-term counseling to help with their transition, he said.

He estimated that 15 to 30 percent of Soldiers returning from Iraq experience symptoms of post-traumatic stress or other mental-health issues. "This is not unusual after combat," he said.

Early diagnosis and treatment is the key to keeping these symptoms in check and preventing them from becoming full-blown disorders, he said. Toward that end, the Army provides its members mental-health support that begins before they deploy and continues throughout their deployment and after they return to their home stations.

"More than any time in our history, our Soldiers and our commanders are armed with information about combat and its impact on mental and behavioral health," Kiley said. "We have more resources available at home and in the theater of operations than ever before."

Kiley cited examples of that support:

Routine use of pre- and post-deployment health screenings and assess Soldiers' mental as well as physical health;

A new post-deployment health assessment to assess mental and physical health three to six months after a Soldier redeploys;

Mental- and behavioral-health specialists in theater who provide education, support and treatment, as needed, for deployed troops;

Mental health advisory teams that have deployed to Iraq and Afghanistan four times to assess how troops are doing and how well the Army behavioral health services offered to them are working; and

Follow-up treatment and short- or long-term counseling, as needed, to help Soldiers readjust after returning from a deployment.

In addition, Kiley will soon co-chair a new task force to examine mental-health issues in the armed forces. The 14-member task force, half of its members from within the Defense Department and half from outside the department, will submit a report to Defense Secretary Donald H. Rumsfeld in May, recommending ways to further improve mental-health care for servicemembers and their families, he said.

As it provides more mental-health services to its members, the Army is helping to erode the stigma that has been associated for too long with seeking those services, he said. He noted the irony that a Soldier who thinks nothing of getting long-term treatment for a broken ankle or other physical ailment might be hesitant to care for "the most complex and fragile organ," the brain. Making mental-health screenings and services an integral part of the Army's health-care program is helping to change that culture, Kiley said.

"Our efforts in education, prevention and early treatment, in my experience, are unprecedented," Kiley said. "My goal is to ensure that every deployed and returning Soldier receives the very best health care that they need."

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From **FLOODING**, page A5

communities, including the town of Walton and the city of Binghamton, rescuing trapped residents as the flooding began to spread.

The Guard troops helped rescue an estimated 80 residents from homes, trees and rooftops, officials reported. Search-and-rescue operations continued yesterday throughout the day.

The Guard is also providing four aircraft to assist State Police aviation units and ground personnel in rescue operations and transport supplies to affected counties, as well as 2-and-a-half-ton trucks. Also, the New York Guard is continuing to transport law enforcement, emergency and hospital workers, helping state utility vehicles. Engineering support is being provided to Delaware and Broome counties.

As flood waters recede, the New York Guard remains postured to continue its support as a part of the coordinated community recovery effort as directed through the State Emergency Management Office, Fanning said. Additional forces and resources stand ready for deployment when and as needed.

In New Jersey, eight National Guard Soldiers just wrapped up three days of active duty, transporting police from Ewing and Trenton, N.J., in high-wheeled vehicles as they conducted last-minute evacuations along the Delaware River, Air Force Staff Sgt. Barbara Harbison, New Jersey Guard spokeswoman, reported.

In addition to supporting the police with 2-and-a-half-ton trucks and Palletized Load System trucks, the New Jersey Guard also manned its Joint Operations Center within the Department of Military and Veterans Affairs, Harbison said.

Fanning called the National Guard response to flooding in the region a testament to the force's readiness and flexibility.

"Once again, the Guard was ready and there when needed and will remain in place as long as necessary." Fanning said.

He noted the Guard's role in wide range of missions, often at one time. As the New York Guard provides emergency support in flood-stricken regions, for example, other Guard units continue their homeland defense missions at Grand Central and Penn Stations in New York City, and at the state's nuclear power sites, he said.

In addition, every state that mobilized its National Guard in response to flooding also afflicted also continued to provide troops for operations in Iraq and Afghanistan in support of the global war on terror, officials noted.

(Army Spc. Jo Michael serves in the Pennsylvania National Guard's Public Affairs Division. The American Forces Press Service provided additional information to this report with input from several National Guard public affairs offices.)

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Signal Soldiers return home

11th Signal Brigade reports

Families and fellow Soldiers anxiously awaited the arrival of the Alpha 'Gators' July 5 at Eifler Fitness Center.

The Gators of Company A, 40th Signal Battalion, spent the past year in south central Iraq supporting a mission with members of the 93rd Signal Brigade from Fort Gordon, Ga., and a supply sergeant from Network Enterprise Technology Command Center/ 9th Army Signal Command.

During their deployment, the 26 Soldiers controlled three widely dispersed technical facilities at different forward operating bases where they provided secure and non-secure voice and data capabilities to the Warfighter. The Soldiers installed more than 15 miles of fiber optic cable and installed voice and data communications to 20 new facilities in Iraq, helping lay the communications foundation for new buildings and infrastructure. They also safely conducted more than 40 convoys and traveled an excess of 3000 km of roads throughout Iraq.

Their final convoy home, from Fort Bliss, Texas where the Soldiers arrived on July 3, was escorted by the American Legion Riders Arizona Chapter, Post 52.

The families and Soldiers inside Eiffler Gym could hear the rumbling of motorcycle engines outside, and they knew the Gators were close to appearing at the gym doors. When the Soldiers finally walked inside, the roar of the crowd welcomed them back.

"Alpha Company forward," said Lt. Col. Linda Jantzen, 40th Signal Battalion commander."Welcome Home! You have saved lives by giving the capabilities to do electronically what used to be done manually…you have saved lives….job well done!"

"You left as a team," added Col. Joseph Garnes, NETCOM/9th ASC representative, "a team fired up, you worked as a team fired up, and you returned as a team fired up! I'm proud of each one of you and what you've done!"

With an approving roar from the crowd, the formation was released as quickly as it was formed, and Soldiers rushed to greet family members and peers who embraced them and congratulated them on a job well done.

Photo by Gordon Van Vleet, NETCOM 9th/ASC

Members of the American Legion Riders, a local motorcycle group, escort the buses bringing home Soldiers from Company A, 40th Signal Battalion, after a yearlong deployment to Iraq.

Photo by Spc. John Martinez

Soldiers greet redeployed Soldiers of Company A during a reunion celebration at Eifler Fitness Center on July 5.

Below: Soldiers gather in formation before being released to their families.

Photo by Spc. John Martinez

Lean Six Sigma assignments open for IMA DLAMP candidates

IMA news release

Opportunities exist for Installation Management Agency Defense Leadership and Management Program participants needing specific developmental expertise by taking Lean Six Sigma assignments.

"Lean Six Sigma, which has been embraced Army wide, has proven that it is possible to achieve dramatic and positive results in cost, quality and time by focusing on process improvement. This is why we are deploying Lean Six Sigma at IMA, and we need strong professionals to ensure the program's continued success," said Rosye Faulk, deputy deployment director for IMA's Business Improvement Lean Six Sigma program.

DLAMP personnel can apply for one-year assignments with IMA's Lean Six Sigma program.

Positions available include:

Lean Six Sigma finance analyst: DLAMP participants will work with Resource Management personnel in Arlington, Va. to define the resource management role in the Lean Six Sigma process and to define the rule book for project validation. The purpose of the finance role is providing an independent and objective evaluation of the financial benefits projections and the actual results achieved by Six Sigma Projects. Assignment will include Lean Six Sigma Green Belt training and certification.

Lean Six Sigma black belt (in training): There are 16 openings to serve as Lean Six Sigma black belts within IMA. Positions will be located at IMA headquarters and at IMA regions. The assignment will include Lean Six Sigma black belt training and certification. Participants act as change agents for IMA, advocating measurement, accountability and applying a Lean Six Sigma-disciplined approach to process improvement.

Lean Six Sigma program manager: The Arlington, Va.-based assignment will include green belt training with potential for black belt training. The program manager is responsible for supporting the Lean Six Sigma deputy deployment director mission to deploy the Lean Six Sigma program. The program manager is the change agent for IMA, advocating measurement, accountability and applying a Lean Six Sigma disciplined approach to process improvement.

DLAMP participants should coordinate with their mentors to determine if one of these opportunities is needed for professional development. For more information, contact Bill Eggers at 703-602-0612 or bill.eggers@hqda.army.mil or Faulk at 703-602-2478 or rosye.faulk@hqda.army.mil.

Soldiers help others keep cool through Desert-to-Desert program

By Joan Vasey
Scout staff

Thanks to the Military Intelligence Officer Basic Class #06-006 and the Desert-to-Desert program, some Soldiers who deploy to the Middle East will receive something to keep themselves cooler. Each Soldier will travel with a Misty Mate Personal Cooling Product® to make the desert enviornment more comfortable.

The Desert-to-Desert program is the brainchild of a local resident, Jantana Proctor, who has spearheaded the movement for about three years. She decided to start the program as a way of doing something for deployed Soldiers, and thought the misters would make Soldiers more comfortable in the desert environment. Through her program, Proctor has received funding to purchase and distribute more than 3,000 Misty Mates to date. She collects funds and purchases the misters whenever there's a need.

"This is the first time Soldiers have donated Misty Mates," Proctor said. "When there is a need, I don't collect money from Soldiers because this program is about helping Soldiers. However, after I met with the Soldiers at a Dining-In and told them about the program, they sent me a letter saying they wanted to donate money to purchase Misty Mates for other Soldiers."

The MIOBC Soldiers, who graduated yesterday, donated $360 to the program Monday. That's enough to purchase about 35 Misty Mates, Proctor explained.

Receiving Misty Mates through the Desert-to-Desert program used to be limited to Soldiers who deploy from Fort Huachuca. However, anyone may nominate a Soldier to receive a Misty Mate by providing a name and address.

For information about the Desert-to-Desert program, call Proctor at 803-6599.

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Range closures

Thursday-AK, AL, AN, AP, AR, AU, AW, AY

Friday-AK, AL, AP, AR, AU, AW, AY

Saturday-AL, AR, T1, T1A, T2

Sunday-AL, AR

Monday-AB, AC, AL, AR, AW

Tuesday-AB, AC, AL, AR, AW, T1, T1A, T2

Wednesday-AB, AC, AL, AR, AW, T1, T1A, T22

For more information contact Range Control at 533-7095. Closures are subject to daily change.

$1,000 referral bonus offered

Soldiers can earn a $1,000 lump sum payment for referring someone who enlists, completes basic training, and graduates from Advanced Individual Training.

Referrals must not have previously served in the Armed Forces. Individuals who are referred must enlist in the active Army, Army Reserve or Army National Guard. The referrals must not be immediate family members.

The Soldier referring must not be serving in a recruiting or retention assignment.

Exceptions are staff members who are not directly involved with the processing of applicants including staff members receiving special duty assignment pay.

Future Soldiers and Soldiers who are performing duties in the Hometown Recruiter Assistance Program, Special Recruiter Assistance Program, and Active Duty for Special Work Program are also eligible for the bonus.

For Army and Army Reserve referrals, call 1 (800) 223-3735 extension 6-0473 or visit the Web site at usarec.army.mil/smart. For Army National Guard referrals, call 1 (800) 464-8273 ext. 3727 or visit the Web site at 1800goguard.com/esar.

Reporting wildfires, other emergencies

To report a suspected wildfire or other emergencies on Fort Huachuca, dial 911.

Callers with cellular phones may also call 533-2111. To reach a dispatcher at Fire Station 1, call 538-1535.

Main Post Chapel needs volunteers

Volunteers are needed in various places in the Main Post Chapel; i.e., administrative office, Turnaround Point, and Vacation Bible School. If interested, contact Jo Moore at 533-4748.

Fuel Operations hours change

Operating hours of the Fuel Facilities (ground and aviation) are now 7:30 a.m. to 4:15 p.m. Any hours of support required outside of this timeframe must be coordinated with Pat Quintana, fuel officer, at 533-5610 and Pat Robertson, acting contract operating representative, at 533-5082. Funding for service must be completed prior to support. Emergency situations are exempt.

For information, call Quintana at 533-5610 or Dan Berry at 533-5828.

LEPC monthly meeting scheduled

The Cochise County Local Emergency Planning Committee's regular monthly meeting will be held at 1:30 pm July 21st, in the Science Building Room 200 at Cochise College, 901 Colombo Street, Sierra Vista.

The public is invited to attend. For additional information call Mike Evans at 432-9550.

Hazardous Material Management Program ends

The Hazardous Material Control Center will no longer operate a Hazardous Material Management Program. 'Cost Avoided' inventory currently on hand will be available for issue to authorized customers until Aug. 11. 'Cost Avoided' inventory may be drawn from the HMCC, Building 90417, on Tuesday and Thursday, from 9-11 a.m. Current authorized stock inventory will be maintained only until supplies are exhausted

For information, contact Pat Quintana at 533-5610, or Sal Ramos at 533-8522.

Garrison Property Office pick up, delivery changes

The Garrison Property Office no longer provides pick-up services for turn-ins or delivery of new inventory. Customers are responsible for providing their own transportation and loading and unloading of all inventories. Customers requiring turn-in support must provide turn-in documents to the GPO via hand-carry or fax, and allow three working days for editing/processing.

For information, contact Teresa Richards at 538-8771 or Sal Ramos at 533-8522.

Delays possible at Central Turn-in Point

Due to reduction in staff, there may be processing delays at the Central Turn-in Point. Operating hours remain the same.

For information, contact Pat Quintana at 533-5610 or Sal Ramos at 533-8522.

Delays possible at Central Issue Facility

Due to reduction in staff, there may be processing delays at the Central Issue Facility. All inventory turned in by Soldiers must be properly cleaned in accordance with governing regulations.

For information, contact Teresa Richards at 538-8771 or Dan Berry at 533-5828.

Leave donations sought

The following Department of the Army civilians on Fort Huachuca are currently on the Leave Donor Program and need leave donations:

Joseph Barnhardt, USAISEC, Kimberly Berry ITEC4-W, Lorenza Buller-Duran WCPOC, Linda Haldorson MEDDAC, Annette Hamilton MEDDAC, Pamela Hastings ACA/ITEC-4, Kenyetta Johnson NETCOM, Patricia Paiz 305th MI Bn, Mary Rodriquez CSLA, Patricia Ryan CPOC, Roberta Brown-Thurman NETCOM.

For additional information regarding the Leave Donor Program or how to donate annual leave, contact Schenando Nason, Civilian Personnel Advisory Center, at 533-5273.

Chaplain's Corner

Protestant Sunday Services

9:00 a.m.	Gospel
9:30 a.m.	Protestant
11 a.m.	Cross Roads
11 a.m.	Collective Protestant

Roman Catholic Worship

Mon.-Fri.

Mass	11:30 a.m.
Saturday Confession	4 p.m.
Sunday Mass	9:15 a.m.
Sunday Mass	11:30 a.m.

Jewish Worship

Friday 7 p.m.

Protestant

- PWOC Tuesday 9 a.m. & 6 p.m.
- Women's Ministry Bible study 1st, 3rd Friday 6 p.m.
- Bible Study/Choir Practice Thursday 6 p.m.
- Ministerial Staff Training Tuesday 6 p.m.
- Men's Choir Rehearsal Tuesday 7 p.m.
- Youth Fellowship 3rd, 4th Saturdays 8:30 a.m.
- Women's Choir 2nd Tuesday 7 p.m.
- Women's Choir 5th Saturdays 11a.m.
- Youth Church 1st, 2nd, 3rd, & 5th Sunday 9 a.m.

Catholic

- CCD Sunday 10:45 a.m.
- Adoration of the Blessed Sacrament Friday 3 - 6 p.m.

Korean

OCIA	Friday	6:30 p.m.
MCCW	1st Friday	9 a.m.
Choir practice	Friday	6:30 p.m.

Muslim Prayer

Friday 12:15 a.m.

Orthodox Divine Liturgy

1st & 3rd Sunday 9:30 a.m

Latter Day Saints Service

Sunday 1 p.m.

Youth Ministries

- Middle school Sunday 4 - 5 p.m.
- High school Sunday 5:30 - 7 p.m.

Legend

Main Post
Main Post, Room 24
Main Post Blessed Sacrament Chapel
Prosser Village
Kino Chapel
Eifler

Advertisement

Soldiers surprise peers, marry during formation

Photo by Sgt. First Class Heriberto Hernandez

Photo by Sgt. First Class Deanne Dunn-Smith

Staff Sgt. Renee Botelho, a drill sergeant with Company B, 305th Military Intelligence Battalion escorts the company mascot, an iguana named Blue, to the wedding ceremony.

Above left: The drill sergeants of Company B, 305th Military Intelligence Battalion served as men and maids of honor at the Moodys' wedding.

Scout reports

When members of Company B, 305th Military Intelligence Battalion were told to wear their dress green uniforms to formation Friday evening, they assumed it would be for a 'Class A' uniform inspection.

Instead, there was a wedding.

During the ceremony, Pfc. Clancy Moody, Company B supply clerk, married Pfc. Kayla Huff, 348th Quartermaster Company, 194th Quartermaster Battalion. She had flown in from Korea for the wedding, which marked the beginning of the couple's life together.

The wedding also marked an ending. It was one of Chaplain (Lt. Col.) Jimmy Rucker's last official acts as an Army chaplain before he retired on Monday.

The drill sergeants from Company B were the men and maids of honor.

Even the company's mascot, an iguana named Blue, attended the ceremony.

Advertisement

Photo by Thom Williams

Col. Steven Eikenberg (left), commander, Great Plains Regional Dental Command passes the DENTAC colors to incoming commander Col. Louis Campana II.

From **CAMPANA**, page A3

Dentistry.

The racquetball and running enthusiast completed a one-year general practice residency at the Moncreif Army Community Hospital at Fort Jackson, S.C.

The incoming DENTAC commander's most recent assignment was a Staff Group instructor position for the Captain's Career Course, where he also served as the Deputy Chief for Officer Professional development at the Army medical Department Center & School.

His dental assignments include: General Dental Officer 124th Medical Detachment, Muenchweiler, Germany; Zweibrucken Dental Clinic, Zweibrucken, Germany; Chief of Dental Services 502nd Medical Company 1st Med Group; Brigade Dental Surgeon 4th Infantry Division; and Division Dental Surgeon 25th Infantry Division.

He has been awarded two Bronze Stars along with other citations. He also earned the Parachutist Badge, the Air Assault Badge, the German Armed Forces Efficiency Badge and Expert Field Medical Badge.

He and his wife Dreena have a daughter, Jeane, who resides in Temple, Texas.

"I'm eager to get started," he said. "I love the camaraderie and cohesiveness of this unit."

The new top dentist said he hopes to continue providing the best and most comprehensive dental treatment available to the Soldiers here at Fort

Advertisement

Is paintball for

A paintballer waits to be selected by a team captain.

Story and photos by Rob Martinez

Scout staff

They creep around landforms, natural and man-made, attentive to their surroundings and watchful for opposing forces. Their weapons are loaded, fingers itching to fire.

Suddenly, an enemy is spotted. The warrior fires. It's a hit!

But the member of the opposition team doesn't fall down. Instead, he winces in pain, pauses a second, and charges forward, seeking revenge.

It's not war, it's paintball!

According to Tony Ferreira, a Fort Huachuca Sportsman's Center staff member, there are two styles of paintball, recreational and tournament. The Sportsman's Center facilitates both.

Ferreira explained that tournament players are like the "… kids who play little league in the summer," and 'rec' players are like the "… kids who go out in a big group on the weekend and play softball themselves."

Tournaments are played on a separate field as a recreational game. At the Sportsman's Center, one field is set up as a recreational, or rec field, the other is what is called a Speedball Field, which is actually the style of the field.

The speedball field can be used for tournaments; it features cover and concealment made up of tire bunkers, wooden barricades, and cable spools. Anything on the field that a player can hide behind is called a bunker. Because there are few bunkers and they are farther apart, the field setup invites fast and furious action, and does not leave much room for error. Teamwork is a must to be successful on this field.

The recreational field, on the other hand, is much larger and has a more intricate maze-like design primarily made up of tires. Paintballers can also use a wooden fort that's situated in the center of the field, an old trailer, and a wooden bunker for cover. Basically, there are more places to hide on the rec field. A paintball game can go on for minutes on the rec field, as opposed to seconds on the speedball field.

According to Ferreira, the present fields will be changed and upgraded soon. The main difference is that there will be no tires at all in the fields.

"How do I get into the action?" you ask.

"The way it's running right now," Ferreira said, "… If you were to come out on a Saturday, you'd come out either self equipped … then you would pay $7.50 for field rental. If you came out and didn't have any equipment … it's $25, and included in that is the field rental, … you get the gun, the mask, a carbon dioxide or CO2 tank, a hopper, and 100 paintballs."

These items are necessities. The mask is mandatory for protection. The pressure from the CO2 tank propels the paintballs. The hopper attaches to the gun receiver and feeds the paintballs into the gun and the paintballs are used to wreck havoc upon opponents!

Paintballers average around 500 balls in a day. "Realistically a hundred paintballs aren't enough to play with down there. Five hundred would work, so … we carry a couple of different grades of paint," Ferreira sai
an intermediate grade of pai
"Stinger," and a professional
called "Evil."

"I compare paint to tires,
the tires on your car are spee
say, 80 miles an hour. But th
the NASCAR tires is like, 20
is like that. Certain paint can
faster than other paint witho
paintball] breaking."

He said, "The "Evil" bra
top of the line; the shell is th
jell inside is thicker, so it all
out so it can be shot faster, a
breaks on impact as easily as
paintballs."

Each box of "ammunitio
tains four bags of 200 paintb
ers can expect to pay $35 to

Ferreira explained that "
sport is going to stay popula
kids who are coming into it,
sport itself is expensive righ
bat."

Ferreira said that his pers
paintball guns are for tourna
They shoot 25 to 28 balls a s
depending on how fast the tr
pulled. The "Stinger" paintb
explained, would break at th

The gun Ferreira uses c
than $1000. The shop sells
Piranha Evo© for $138; it
to 15 balls a second. The p
differences in guns are in e
and how many balls per m
shoot.

Ferreira is fully aware th
prices can inhibit prospective
even those who are already i
sport. To help keep the cost
shop will sell individual bag
out of the box, and Ferreira

Above: Two paintballers work their way to the "church," where the opposing team is taking cover. Two other paintballers who have been shot leave the area. Once hit, paintballers must walk off the field holding their guns up with the barrel in the air.

*Below: Paintballers prepare for an "OK Corral" type showd
has less cover than the recreation field and participants tend*

you?

Visit the Fort Huachuca Sportsman's Center to find out

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s of balls
considers

the balance of cost and quality when stocking the shop.

He even offers his 14 years of expertise. "I try helping the kids, show them how to tear down their own gun if they have problems with it. I've got my own tool kit up here, I'll tear through it, and I show them how while I'm doing it so they will learn.

"When kids are trying to get in to this sport, I say, 'Rent our equipment. Don't buy anything. If you're going to spend $138 on a gun, spend $25 on our rental package. Go down and play. … You may realize that when the balls hit you, they hurt, and you don't like it. Now you're out $138. Try it before you spend the money on it.

"If you like it, come back and we'll hook you up."

The shop has a package for $175 that includes everything a player needs to start off: a mask, a tank, a hopper, barrel plug, a gun, and Battle Swabs®, which are used to clean the gun barrel.

After getting equipped, a player must learn all of the safety procedures associated with the sport. Before every game, Ferreira gives a safety class. During which, "… they will hear masks and barrel plugs probably fifty times," he said.

Barrel plugs stop the ball if the trigger is accidentally pulled. Barrels on paintball guns vary, so not all barrel plugs will fit. To remedy this, a paintballer can use what is called a barrel condom, a small bag with an elastic string around it. The bag fits over the barrel and the string wraps around the back of the gun, securing the bag.

On Saturdays and Sundays, a referee is present at the paintball fields. The ref gives everybody the safety speech. "Everybody's out there having fun," Ferreira said, "and you know you are going to get bruised, because when those balls hit you … even under 300 feet per second, they leave bruises. Down there, we have a ten-feet rule – nobody can shoot anybody within ten feet. Nobody's going to get really hurt.

"When I first got into this sport, I went to my family doctor, asked him in any of these shots could lead to anything, and he said ... 'bruises.' I just wanted to make sure."

To ensure nobody's gun shoots faster than 300 fps, the center uses a chronograph to measure the speed of the ball.

Even at a distance of ten feet, and with ball speeds under 300 fps, some players choose to wear thick clothing, even leg and chest plates similar to those used in motocross. Still, others come out clothed only in jeans and a t-shirt. Regardless, shoes are recommended, especially since both fields are in shrub desert, and a mask is mandatory.

"Our masks do cover your temples; they cover all the main parts, but you're going to take bounces off the top of the head, and when the ball doesn't break, it's like being shot with a marble," Ferreira said.

"A lot of the kids come up here with mom or dad for the first time. I let them know that like rock climbing – you're definitely going to get a scratch from a rock. When you play paintball, you're definitely going to get a bruise.

"My daughter's 11 and she's come up and played. I've had 8-year-olds up here. ... I'd say eight would be about the right age. Eight-year-olds are pretty much there. I've seen them play on the field; it's like them outside playing … Army. It's just that there are balls flying."

PAINTBALL SAFETY TIPS

Phone poles designate the boundaries of the field. Once a player passes the poles, the safety mask must be on.

Out on the field, the mask stays on at all times. Before a player leaves the field, passing the poles, the barrel plug must be in the paintball gun.

As the player is leaving the field, his or her gun must be raised overhead with the barrel pointing up.

When a player surrenders, that player cannot be shot, but that doesn't mean that while still in the field a stray ball may not find a mark.

Players cannot shoot each other within ten feet.

For the first infringement of a rule, the player sits out a game. The second time, the player is sent home for the day. Since Ferreira has been working as a ref, he has never had to send anyone home, he said.

Right: A paintballer shows off his battle wounds, after being "lit up like a Christmas tree."

Above: All types enjoy a day of paintball. Like motocross, the apparel can be quite colorful.

*own on the Speedball Course. This course
l to be eliminated much more quickly.*

Advertisement

Advertisement

Service News

Ultimate sacrifice in support of the Global War On Terrorism

Sgt. Maj. Jeffrey McLochlin, 45, of Rochester, Ind., died in Orgun-E, Afghanistan, on July 5, when his unit encountered enemy forces using small arms fire. McLochlin was assigned to the Army National Guard 152nd Infantry Regiment, Marion Ind.

Staff Sgt. Paul Pabla, 23, of Fort Wayne, Ind., died on July 3 in Mosul, Iraq, of injuries sustained from enemy small arms fire during combat operations. Pabla was assigned to the Army National Guard's 139th Field Artillery, Kempton, Ind.

Pfc. Collin Mason, 20, of Staten Island, N.Y., died in Taji, Iraq, on July 2 when he encountered indirect fire while manning a checkpoint in his vehicle. Mason was assigned to the 1st Battalion, 66th Armor Regiment, 1st Brigade Combat Team, 4th Infantry Division, Fort Hood, TX.

Airman 1st Class Carl Jerome Ware Jr., 22, of Glassboro, N.J., died July 1, from a non-combat related cause at Camp Bucca, Iraq. He was assigned to the 15th Security Forces Squadron, Hickam Air Force Base, Hawaii.

Sgt. James Muldoon, 23, of Bells, Texas, died on June 29 in Balad, Iraq, of injuries sustained earlier that day in Baquba, Iraq. Muldoon was shot while manning a control point during combat operations. Muldoon was assigned to the 1st Battalion, 68th Combined Arms Regiment, 3rd Heavy Brigade Combat Team, 4th Infantry Division, Fort Carson, Colo.

Sgt. Kyle Miller, 19, of Willmar, Minn., died on June 29 in Mosul, Iraq, when an improvised explosive device detonated near his convoy. Miller was assigned to the Army National Guard's Headquarters and Headquarters Battery, 1st Battalion, 125th Field Artillery Regiment, New Ulm, Minn.

Sgt. Bryan Luckey, 25, of Tampa, Fla., died on June 29, in Mosul, Iraq, when he was shot by enemy forces while on mounted patrol. Luckey was assigned to the 562nd Engineer Company, 172nd Stryker Brigade Combat Team, Fort Wainwright, Alaska.

Cpl. Christopher Rose, 21, of San Francisco, Calif., died on June 29 of injuries sustained from an improvised explosive device during combat operations in Baghdad, Iraq. Rose was assigned to the 1st Battalion, 67th Armored Regiment, 2nd Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

Pfc. Justin Davis, 19, of Gaithersburg, Md., died in Korengal Outpost, Afghanistan (near Kunar Province), on June 25, when he came in contact with indirect fire while on patrol during combat operations. Davis was assigned to the 1st Battalion, 32nd Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division (Light Infantry), Fort Drum, N.Y.

The circumstances of the Soldier's death are under investigation as a possible friendly-fire incident.

Advertisement

‘Gunrunners’ meet an American Idol during their deployment at Al Asad

Courtesy photo

Jessica Sierra, fourth season American Idol finalist.

By Lance Cpl. Brandon L. Roach
3rd Marine Aircraft Wing

With the temperatures topping out near 110 degrees, the ‘Gunrunners’ received a special visit from an American Idol finalist who wanted to show her support to service members by seeing them in Iraq first hand.

Jessica Sierra, American Idol finalist, stopped to hang out with the Marines of Marine Light Attack Helicopter Squadron 269, Marine Aircraft Group 16 (Reinforced), 3rd Marine Aircraft Wing, during her 10-day tour of Iraq.

Sierra, a 20-year-old native of Miami, met with the Marines for nearly two hours taking time to sign autographs and pose for pictures with the Marines.

“I came out here to show my support to our military and the great things they are doing for the Iraqi people,” said Sierra. “I have two uncles who were in the service ,so patriotism runs through the family.”

Although in a combat zone, Sierra was very open and carefree with the Marines as she laughed and joked while she learned about the UH-1N Huey and the AH-1W Super Cobra helicopters and the overall mission of the squadron.

According to Capt. Ryan T. Roche, UH-1N Huey pilot, HMLA-269, it meant a lot to the Marines that an individual like Jessica and the members of the band OSB took time out of their lives to come here to the front lines and help do their part to raise morale and bring smiles to the troops.

Later in the day, Sierra and OSB held a meet and greet and gave a show stopping performance from the stage of the Morale, Welfare and Recreation building.

“This is a great opportunity for us,” said Sierra. “This is an honor, and I thank you all for what you’re doing.”

After their performance, Sierra and OSB returned to the United States wrapping up her 10-day tour of Iraq. “I know today was a day that our Marines will never forget,” said Roche.

Advertisement

MWR seeks 'Military Idol' contestants

Army Morale Welfare and Recreation, with permission from the "American Idol" television series, is looking for contestants for the annual Military Idol Competition. Active duty amateur vocalists are invited to submit applications to their local MWR organization no later than July 28. Other talents, (musician, dancer, comedian, etc.) do not qualify for this competition.

Applications and contest rules are available now at Thunder Mountain Activity Centre or on line at www.militaryidol.com.

Active duty personnel stationed at Fort Huachuca, from all branches of the service, are eligible. The first rounds of local competition will be held Aug. 4, 11, 18 and 25 at Thunder Mountain Activity Centre.

First round auditions will be performed a-capella and judged by a three-judge panel. For all other competitions, performers must provide CD format accompaniment. No a-capella or live accompaniment will be allowed.

For Round 2 through the semi-finals, both judges and the audience will determine which contestant moves on to the next level.

At the installation level, the following prizes will be awarded: 3rd place, $100; 2nd place, $250; and 1st place, $500, plus an additional $500 for the winner's unit. The first place winner at each installation will be submitted for consideration on the national level.

Contestants must provide a Commander's Letter of Intent to Release, stating that if the participant is the Installation winner, and if the participant is chosen as one of the 12 national finalists, the active duty member will be released for one week TDY to the National Military Idol Competition, to be held Oct. 28 - Nov. 6 at Fort Belvoir, Virginia.

At the national level, the following prizes will be awarded: 3rd place, $500; 2nd place, $1000; and 1st place, $2000.

For more information, call TMAC at 533-3802 or 533-7322.

"The Jungle Book" to be presented Saturday at Murr Community Center

The internationally acclaimed touring company Missoula Children's Theater production of "The Jungle Book" will be presented at 7 p.m. Saturday at Murr Community Center. The production is an original musical adaptation of the Rudyard Kipling classic. The performance is free and is open to the public.

Approximately 50 to 60 local students entering first through 12th grades, have been cast to appear in the show with the MCT Tour Actor/Director.

The Missoula Children's Theatre is a non-profit organization based in Missoula, Mo. This year, more than 60,000 cast members across the globe will perform before their families, friends, community, neighbors and teachers.

Child and Youth Services is bringing the Missoula Children's Theatre to Fort Huachuca.

For more information, call Marty Johnston at 533-8437 or Carrie Bradke at 533-8347.

Changes at Desert Lanes

Effective immediately, Desert Lanes Bowling Center will offer "Rock 'n' Bowl" from 4 p.m. to midnight, Friday and Saturday. The cost is $7.50 per person for two hours, and this includes shoe rental.

Desert Lanes is also offering free coaching for bowlers at 9 a.m. Wednesdays. Coaching is available to bowlers of all ages.

Bowling leagues which will begin in August are now forming at Desert Lanes. New bowlers, old bowlers, both teams and individual, are all invited.

For more information call 533-2849.

Cardio kickboxing, pilates at BFH

Cardio kickboxing and Pilates are once again being offered at Barnes Field House.

"Cardio Kickboxing with Carrie" is held from 5:30 to 6:15 p.m., Tuesday and Thursday.

"Pilates with Nicole" is held from 5:30 to 6:30, Monday and Wednesday.

For more information, call Barnes Field House at 533-2948.

Nautilus Room at BFH closed

The Nautilus Room at Barnes Field House will be closed Monday through July 24 for roof repairs.

For more information, call 533-2948.

Pick up applications for Summer Sports Series at Barnes Field House

The MWR Sports and Fitness Branch will host the annual Multi-Sport Summer Series beginning with the Steelhead Triathlon. The Triathlon will start at 6 a.m. July 22 at Irwin Pool.

This endurance event consists of an 800-yard pool swim, followed by a 13-mile bike ride on a paved course, and a final 3.1 mile run on a paved road. Deadline to sign up for the Steelhead Triathlon is July 21.

The second event is the 2-10-2 Biathlon, to be held starting at 7 a.m. Aug. 19. This event consists of a two-mile run, a 10-mile bike ride and a two-mile run. Deadline to sign up for the 2-10-2 Biathlon is Aug. 18.

The final event in the series will be the Mystery 10K Run to be held at 7a.m. Sept. 9, also beginning at 7 a.m. Deadline for the Mystery Run is Sept. 8.

Participants may compete in one, two or all three events. Awards will be given to the top three finishers in several different age groups.

Entry forms are available now at Barnes Field House, or participants can register online at www.active.com.

For registration or general information, call 533-3858 or 533-5031.

Coaches' meeting for CC Track and Field set for Monday

The coaches' meeting for the Commander's Cup Track and Field Program will be held 10 a.m. Monday at Barnes Field House.

Units wishing to participate in the program should submit a letter of intent, with coach's name, duty phone and e-mail address, by close of business that day. Rosters are due July 24.

The program will be conducted beginning at 8 a.m. July 29 and 30 at Bujalski Field, next to Barnes Field House.

For more information, call George Thompson at 533-0040 or e-mail george.thompson@hua.army.mil.

New hours at Sportsman's Center

The Sportsman's Center has announced that new hours will go into effect Wednesday. The facility will be open: 10 a.m. - 5 p.m. Wednesday - Friday; 9 a.m. - 6 p.m. Saturday; and 9 a.m. - 5 p.m. Sunday.

For more information, call 533-7085.

Free golf clinic at MVGC

Mountain View Golf Course will hold a free golf clinic for beginners from 10 to 11 a.m. July 22. The clinic will teach the basic fundamentals of the swing and the game of golf. The use of clubs and balls will be provided at no charge.

Space is limited, so call 533-7088 to register.

Youth Soccer Registration in progress

Registration and enrollment for the 2006/07 Child and Youth Sports and Fitness soccer season is now in progress at the CYS Central Enrollment Registration Office at Murr Community Center.

Formation of the soccer teams will begin Aug. 19, with practices starting the week of Aug. 28.

The program is available for children ages 4-15, as of July 31, 2006.

Cost for the season will be $40. Families enrolling multiple children pay $40 for the first child and $32 for each additional child.

For registration or enrollment information, contact the CER Office 533-0738.

Fort Huachuca Directorate of Morale, Welfare & Recreation

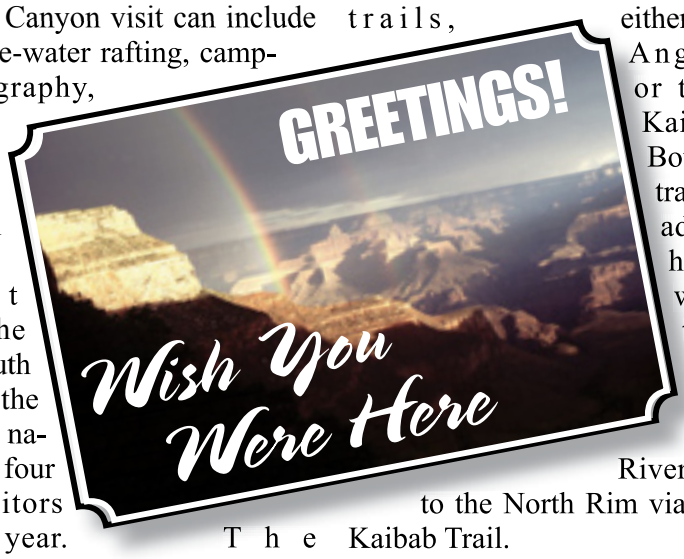
The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

Grand Canyon offers hiking, camping and more

Scout reports

It's been called one of the seven wonders of the natural world. The state of Arizona is nicknamed for it, and millions of people come to visit it annually.

A Grand Canyon visit can include hiking, white-water rafting, camping, photography, bird watching, animal sightings and even fine dining.



Best known is the canyon's South Rim, where the bulk of this national park's four million visitors come each year. The popular spot is located about six and a half hours north of Sierra Vista.

The South Rim offers many vantage points with spectacular views including the incredibly popular Mather Point (where parking is limited to one hour at a time) and Yaqui Point (only accessible by free tram). Perhaps the most popular location of all is behind the Bright Angel Lodge. Located on the canyon's Rim Trail, the lodge offers fine dining plus more casual fare and a coffee bar. There are comfortable, but rustic accommodations and a selection of cabins that provide an old-time wilderness feel.

There are plenty of ways to enjoy the South Rim's spectacular views. While the free shuttle takes visitors to all the popular vantage points, a more rewarding approach is to hike one of the canyon's many trails. These can range from downright easy hikes to incredibly strenuous paths that require advanced route finding skills and plenty of backcountry experience.

The Rim Trail is a generally easy path that takes hikers to many of the canyon's best observation points. This hike follows the South Rim and is mostly level with the occasional saddle that requires some up and downhill effort. One of the best things about this trail is that hikers are never far from a shuttle stop and so never have to worry about overtaxing themselves. Simply hike until tired and then stop at the next shuttle access point and grab a ride.

A more difficult challenge is to hike one of the South Rim's corridor trails, either the Bright Angel Trail or the South Kaibab Trail. Both of these trails lead the adventurous hiker all the way down to Phantom Ranch and the Colorado River and even to the North Rim via the North Kaibab Trail.

The South Kaibab is the steeper and shorter of the two trails, requiring a 7.1-mile hike down to the Bright Angel Campground near the Colorado River. The Bright Angel Trail is shallower but longer, topping out at a little more than 8 miles. Rim-to-river hikers often choose to hike down the South Kaibab and back up Bright Angel to take advantage of each trail's characteristics.

Overnight trips into the canyon require a backcountry permit. These can be reasonably easy to get during the off season, but require advance requests for peak visitor periods.

The challenges of canyon hiking shouldn't be underestimated by those who've never tried it since the hike in can be deceptively easy and the effort to get back brutally difficult.

An alternative to hiking down to Phantom Ranch is to book a mule ride in and out of the canyon. While not as strenuous as making a round-trip hike, such rides are not for the faint of heart or soft of… (well, you can guess). The mule rides offer few stops and none where the riders are allowed to get off the animals.

The South Rim is only one part of the Grand Canyon experience. An area known as the canyon's "East Rim" is only about 25 miles away from the canyon village and offers a very different perspective of the canyon view. More remote, but just as spectacular in their own ways are the canyon's North and West Rims.

Courtesy of the Arizona Department of Tourism

Tourists enjoy dramatic views at the Grand Canyon Outlook

Courtesy of the Arizona Department of Tourism

Visitors raft the Lava Falls at the Grand Canyon.

For more information on the Grand Canyon's South Rim visit the National Park Service Web site at: www.nps.gov/grca/grandcanyon/south-rim/. Research lodging availability at prices at: www.grandcanyonlodges.com/dynamic/mz_viewer.htm?articleid=64.

Getting there

It's possible to fly to the South Rim via the airport at Tusayan (the town nearest the South Rim) and then rent a car. The Grand Canyon Railway in Williams, Ariz., offers scenic round-trip train rides to and from the South Rim.

Directions from Sierra Vista are to take Highway 90 to Interstate 10 West to Interstate 17 North (exit 143) to Interstate 40 West (exit 340B) to Highway 64 North (exit 165) to Highway 180 North until you reach the entrance to the national park. Entrance to the park is $25 per vehicle, unless you have a current National Parks Pass.

Fit For Life

Pro football almost here

By George Colfer, Ph.D.

Later this month the National Football League training camps will be in full swing preparing for the 2006 season.

The camp period and preseason games will determine who stays and who leaves for rookies and veteran players alike.

The competition is quite fierce for the 40 places on a team roster. There is no question that huge salaries are a big incentive for the athletes, but it is very difficult to play just for money alone. It also requires a love of the game and competition, exceptional athletic skill and the opportunity to be selected for training camp.

Have you ever wondered just what it takes and what the pro scouts are looking for in a future player?

The NFL has tryout sessions called combines that are put on at various locations throughout the country. One's qualifications and performance at a combine will determine who gets drafted from colleges or an invitation to camp as a free agent.

Most athletes are former college football players. However, there is a small percentage who have no college playing experience or participated in a different sport.

The following excerpt from the "Sport Speed News Bulletin" provides a look at the minimum standards expected for each position.

This is before any other measure of football athleticism is evaluated. Skills like passing, receiving, blocking and tackling, etc. will also be measured as essential for each position. In addition, psychological and attitude tests are administered to see how a future player rates on such traits as leadership, aggressiveness, coachability, determination, mental toughness and self-confidence to name a few.

If you have ever had pro football ambitions or just want to see what it takes to obtain a chance to play, this information should be of interest. Your scores at the NFL Combine may determine your future.

Your performance at an NFL Combine plays a major role in whether you are offered a tryout or a contract. Test scores may also alter the draft round, signing bonus, and salary.

A poor combine 40-yard dash time, for example, can and has cost potential high-round picks millions of dollars.

So much emphasis is placed on the 40-yard dash and some other tests that prospects are forced to train for and practice each specific test for months before the scheduled combine.

Expect to see the following tests:

40-YD DASH-Each player runs twice. The best time is recorded by pro scouts and the test is filmed. Watches are started on your first muscular movement.

225lb. BENCH PRESS-Each player, except kickers, completes as many repetitions as possible.

20 YARD SHUTTLE-Each player, except kickers is timed twice, once to the left and once to the right. Both times the scored and the drill is filmed.

VERTICAL JUMP-The test is conducted using the Vertec measuring device. Each player jumps twice. The highest jump is scored.

HEIGHT AND WEIGHT-Height is measured to 1/8th of an inch and weight to the nearest pound.

FULL BODY VIDEO-Profices a visual image of body type and build.

PORTRAIT-Players are filmed from the front and back wearing shorts only.

Q - How good do my test scores have to be?

A - The minimum standards in the chart gives you an idea of expected scores by position.

Specific player position skills tests are also administered at the combine. Since your test scores can be improved with training, plan on two to three months of practice on each test PLUS concentrated conditioning work. A preparation video manual is available to help you prepare for the combine. You can also sign up at one of the many Combine Training Centers that have sprung up through the United States. The competition is tough and the training center may provide the edge you need.*

Multiple factors determine success. Ability levels of the athletes is such that for every place on a team, there will be 100 or more candidates of equal ability waiting for an opportunity. Factors such as conditioning, injury and tenacity all play a role. A pro scout once stated: "with so many skilled athletes to choose from, it is often unrecognized, intangible qualities that determine who makes it successfully".

For connisseurs of professional football it should be another great season!

*(Editor's note: *The excerpt was reprinted from the "Sport Speed News Bulletin," Vol.2, Issue 4, April 2006, a publication of the National Association of Speed and Explosion [NASEINC.COM] by permission of Dr. George B. Dintiman, NASE President.)*

Pos	Ht	Wt	40		Shuttle Bench	VJ
QB	6' 1"	200	4.90	4.50	10	28
RB	5' 10"	185	4.65	4.35	12	30
FB	5' 11"	220	4.75	4.35	14	28
WR	5' 11"	180	4.65	4.29	8	30
TE	6' 2"	230	4.85	4.55	18	28
CB	5' 10"	180	4.60	4.29	10	30
S	5' 11"	190	4.70	4.29	10	30
OLB	6' 1"	220	4.80	4.50	18	28
ILB	6' 1"	230	4.85	4.50	18	28
DE	6' 2"	270	5.00	4.60	20	26
DT	6' 3"	275	5.20	4.75	24	24
NT	6' 2"	275	5.20	4.79	24	24
OG	6' 2"	275	5.15	4.79	24	24
OT	6' 3"	275	5.25	4.79	24	24
C	6' 1"	275	5.20	4.79	24	24

Fort youth wrestlers compete in championship

Scout Reports

Two members of the Fort Huachuca Scorpions youth wrestling club competed in the West Kids/Cadet Regional Wrestling Championships, June 19-24, in Klamath Falls, Ore.

Kevin Treftz and David Riehle went up against national-level competition and picked up great experience competing against highly experienced wrestlers.

Treftz drew a member of Team Utah to begin his freestyle portion of the competition and lost 7 to 1 in the first period and got pinned in the second.

He then took on a member of Team California and managed a victory with a pin in the first period.

"That was the best technical match Kevin has wrestled all year," said John Rivera, Scorpions' coach who traveled with the wrestlers to the event.

Next up, Treftz challenged another Team California athlete who met the same fate. He technical fell the California wrestler in under a minute in the first period and then pinned him in the second.

Treftz then suffered a tough three-period loss to an opponent from Team Oregon which put him in a position to wrestle for fifth place.

"Nine out of 10 times Kevin wins that match," said Rivera. "Some of the calls just didn't go his way."

In the match for fifth place, he faced a competitor from Team Nevada and pinned him in the first period.

Riehle began the Greco-Roman tournament drawing a wrestler from Team Oregon and lost 7-0 and 9-0.

"You could tell that this was David's first large scale Greco-Roman tournament because nerves got the best of him," Rivera said. "David's second match looked much better because his stance and moves were fluid."

Riehle then turned his attention to the Freestyle Tournament where he won his first match against an opponent from Team California 9-3 and 4-2.

He then suffered two tough losses in his second and third matches by fall.

Riehle then competed in a beach wrestling tournament. Beach wrestling is a combination of Folkstyle, wrestling rules used at high school and college level, Freestyle, Greco-Roman and Sumo.

He won all five matches earning the first-place medal in the heavyweight division of the first-ever Western Regional Beach Wrestling Championships.

"David wrestled tough and was able to attend two great camps before the tournament," said Rivera. "I am confident that he will be a force to reckon with next season."

Rivera is giving up his position as head coach of the Scorpions because he's been selected for recruiting duty.

Eric Ivins will be taking over next year.

AFVC offers affordable weekly condos to DoD ID cardholders

By Luke Elliott
Monitor Staff, Fort Bliss, Texas

If you are starting to feel like today is the fourth or fifth Monday of the week and would love to plan a vacation to escape the monotony, there is a service available to help alleviate your pain.

The Armed Forces Vacation Club is a service provided through Morale, Welfare and Recreation and sponsored by Resort Condominium International that offers affordable, space-available condominium rentals for a flat rate of $299 a week to Department of Defense ID cardholders who are at least 21 years old. These condominiums are available at about 3,500 resorts in 80 countries worldwide.

The program allows RCI to fill condominiums that would otherwise go empty, while putting the units to good use by allowing Soldiers and other DoD workers the opportunity to get affordable accommodations, said Verlin Abbott, RCI director of AFVC and vice president for specialty markets.

While this program provides low-cost accommodations to vacation resorts across the globe, Abbott wanted participants to be aware the program is "space available."

"Don't expect to go to Virginia Beach on the Fourth of July," said Abbott. "Go about this with the same approach as a Space-A Hop (space available travel on military aircraft)."

He also said that while units do become available up to a year out, the best time to search is 45 to 55 days out because that is when the greatest number are available. For some high-demand locations, such as Hawaii, Las Vegas and Key West, it is rare to see an opening until a couple of weeks out, especially during peak seasons.

The people who have the hardest time with the service are those fixed to a time schedule, Abbott added.

"Be as flexible as you can when planning your vacation," he said.

Another benefit to the program is that for each reservation booked using a post identification number, the installation MWR program receives $25 from the club.

"This money helps add to welfare and recreation programs for Soldiers," said Elvira Franco, manager of the Fort Bliss, Information, Ticketing and Registration Office.

When you call to make reservations through the club, they will ask for your installation name and number, she added. This money helps support MWR facilities such as the bowling center, golf courses, gyms and parks.

"I'm often asked, 'What are the dues?'" said Abbott. "If you're wearing a uniform, you've already paid your dues. We hope they all get a chance to take advantage of the program. Lord knows they deserve it."

The AFVC is available to active duty and reservist servicemembers, adult military dependents, retired service members and their families, Department of Defense civilians, non-appropriated civilians, retired DoD civilians, foreign exchange servicemembers on permanent duty with DoD, DoD dependent school teachers, 100-percent disabled veterans and some contractors working on a military installation. If you meet one of these requirements and are 21 years or older, you are eligible to participate in the program.

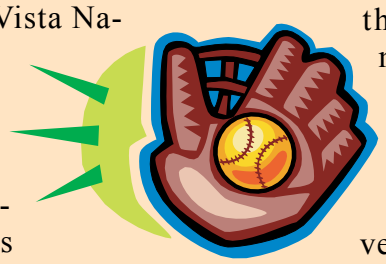
To find out more about the program, visit the Armed Forces Vacation Club Web site at www.afvclub.com.

Huachuca All-Stars (Minors) end season

Scout reports

In spite of giving it everything they had, the Huachuca All-Stars only won one of their end-of-season District 8 All-Star Tournament games last week.

Final game scores were a win against Bisbee 15 – 8; loss to Willcox 17 – 3; and a loss against the Sierra Vista National 21 – 6.



There were two highlights for the youth minors team this year, according to Chris Turner, coach of the 14 9 and 10-year-old players.

The first high point was combining Fort Huachuca and Huachuca city youth into one All Stars team when neither entity had enough players. This meant that the youths would be able to play baseball.

"When I was asked to coach the minors All-Stars as one team, I could not turn them down. I'm never going to not let kids have the ability to play [ball]," Turner said.

The second success was their win against Bisbee. It was the first time an All-Stars team from this area won a game during the playoffs in several years.

"They'd usually come, play their two games, lose and go home," Turner said. "This year, they did a win ... more wins than these teams have seen here in three or four years. The other coaches were very impressed. The team hit with them and did not roll over."

Marcus Anderson, Zachary Bate, Chandler Cork, Chris Gonzalas, Manny Enriquez, Paul-Michael Shulsky, Clayton Oliver, Kai Oliver, Remi Parrilla, Jacob Peanda, Luke Reynolds, Isaaih Stroder, Matthew Turner, Ian Ziegle were this year's All-Stars. Eric Quimby and Robert Stroder assisted Turner as coaches.

Photo by Michelle Turner.

Matthew Turner pitches in the last game against Sierra Vista National.

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Sierra Vista Library youth summer programs

The following programs run on Thursdays from 10:15 to approximately 11 a.m. at the Sierra Vista Public Library, 2600 E. Tacoma Street. Seating is on a first come basis. Due to room size, parents and preschoolers are asked to visit the library during the programs.

July 13—Bears, Bears, Bears–come learn about bears.

July 20—Last Program–Grand Prize Winners announced.

For information, call 458-4225.

Healthy Habits for Life course

Join the Cochise Health Department STEPS Program for a free series of classes promoting healthy habits for you and your family. The free classes run from 5 to 7 p.m. Tuesdays for six weeks at the Ethel Berger Center near the Sierra Vista City Hall.

The classes focus on healthy eating habits, promote more physical activity, provide healthy shopping tips and develop skills to fit it all into your lifestyle. For more information or to register call 520-432-9456.

Summer Concerts in the Park

Join some of Cochise County's most popular musicians for the annual Summer Concerts in the Park series every Thursday this summer in Veterans' Memorial Park at the Outdoor Stage.

At 7 p.m. tonight, The Department of Parks and Leisure Services features Linda Dailing, July 20 - John Rodriquez, and July 27 - 36th Army Band

Bring the whole family and don't forget your lawn chairs and blankets. The event is subject to change due to inclement weather.

Youth Block Parties

Join "DJ Tech FX" from 6:30 to 8:30 p.m. July 21 at Veterans' Memorial Park for a free a youth block party and dance. The event is open to those 18 and under and subject to change due to inclement weather.

Tsunami Nights are back

Ride the big waves at Tsunami Night from 7 to 10 p.m. Aug. 4 at "The Cove" Sierra Vista's Aquatic Center in Veterans' Memorial Park.

Bring your raft, boogie board or just body surf.

Admission is $8.50, and includes pizza, soft drinks, and a live DJ. Come for the waves, but stay for the prizes that will be given away all night long.

Wednesday free swims

Each Wednesday Arizona Physicians IPA sponsors a free open swim for the first 150 kids 5 through 17 who enter "The Cove" Sierra Vista's Aquatic Center in Veterans' Memorial Park through Aug. 2.

Doors open at 1:30 p.m. Children under five must be accompanied by an adult while at the Cove.

Protect your pets and property

It's the season for thunderstorms in Southern Arizona, and many pets are terrified of the loud noise this time of year brings.

Animals that fear such sounds have been known to jump through windows, dig through doors or scale fences believing their lives are threatened, causing severe injury to themselves and property damage.

Those with pets that are afraid of loud noise should remember to contain them in a quiet room, or pet kennel. Have a plan today to keep your pet safe this summer.

Tube the Salt River with BOSS

Better Opportunities for Single Soldiers plans a Salt River tubing trip July 22. Departure time is 5 a.m. Return departure time is 6 p.m. A $5 refundable deposit is required. BOSS provides transportation and activity costs. Participants pay only for food and drink only. This trip is open to all, but seating is limited to 30 people.

For information, e-mail Eugene.domingue@hua.army.mil or call 533- 4355.

Learn about beading at the Bisbee Farmers Market

At 9:30 a.m. on Saturday at the Bisbee Farmers Market, Sandi Simpson and Kay Coats will give a talk about decorative beading. Other upcoming events at the market include: a presentation by the Bisbee Food Co-op on July 22, Herb Fest on July 29 and a "Creating a Butterfly and Bird Habitat" presentation on Aug. 5.

The Bisbee Farmers Market is open in Vista Park from 8 a.m. to noon on Saturdays.

To get to Vista Park from Sierra Vista, take either Highway 92 or Highway 90 then Highway 80 to the Bisbee roundabout. Take the Bisbee Road exit and continue until you reach Vista Park on the left.

For information, call 234-3306 or e-mail jackcannon2005@msn.com.

Northern Arizona trip planned July 24-28

Sedona, Flagstaff, Montezuma's Castle and the Grand Canyon are part of Parks and Leisure Service's Northern Arizona trip. A motor coach departs from the Ethel Berger Center, Tacoma Street, Sierra Vista at 7 a.m. July 24. The tour includes round trip transportation, four nights lodging and breakfast, two lunches, water, snacks, a tour guide, and driver. All entrance fees for attractions are listed separately on itinerary. Trip cost is $675. Call Chris Swan to register at 417-6980.

Christmas in July bazaar

This Saturday from 9a.m. to 3 p.m., celebrate Christmas in July at the Ethel Berger Center, Tacoma Street, Sierra Vista. This free event offers candles, quilts, woodwork, needlepoint, ceramics, and more. Stop by for early holiday gift shopping. The new Tea Shop will

See **COMMUNITY**, page B7

At The Movies

Showing at the Cochise Theater for the next week are:

AAFES

Today -7 p.m.
The Da Vinci Code
PG-13
Friday
The Break Up
PG-13
Saturday -7 p.m.
The Omen
R
Sunday -2 p.m.
RV
PG-13
Monday - Wednesday
Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

The Commander's Access Channel is your channel. We provide a window to the military community that you live in. Committed to the value of community television we are your source for military news and local information. We share in your successes and connect you to the events that are shaping your future. We're your channel…. Cable 97.

Coming in August is "Where's Wettie?"

The contest starts with Aug. 4 Scout

Identify Wettie the Waterdrop's location in the photo to be published every other week and e-mail your answer to the Scout. All correct answers received by noon on the Monday after the photo is published will be entered into a drawing for a prize. The winner's name will be published in that week's Scout along with the correct answer about Wettie's location and the water-saving tips that led to the Water Wise visit to that specific destination.

E-mail your best guess to thescout@hua.army.mil

Good Luck!

From **COMMUNITY**, page B6

be open with a variety of menu items for lunch.

Rock The Cove

Saturday from 2 to 4 p.m., "The Chris Parker Project" will perform at The Cove during open swim. Enjoy local talent from the Sierra Vista area while rocking in the waves to the sounds of your favorite hits.

Vacation Bible School registration underway

Vacation Bible School takes place July 31-Aug. 4 from 9 a.m. to noon at the Main Post Chapel. This event is open to children of all faith denominations who have completed Kindergarten through 4th grade. Register through July 28.

Volunteers are needed. Children who have completed 5th grade and above as well as adults are invited to volunteer. There will be child care available for children of volunteers.

For information, call Rosemary Pino at 533-2366 or 220-9427.

Fun fact - water saving tips

Scout reports

It's easy to take water for granted, you just turn the faucet on and it's there. There is water all around us. So how can we run out of water? Well it's not necessarily that we're running out of water but the fact that less and less water is available to us for our daily needs.

Here are a few quick and easy water saving tips:

Kitchen

Scrape excess food with a rubber spatula instead of holding plates under running water. Use shortest cycle. Keep water cold in fridge instead of running tap until water runs cold. Install an instant water heater to avoid running water until it runs hot.

Laundry

Run washer only when fully loaded. Adjust the water level for the size of load being washed. Try running a full load with the water selector set to "medium load."

If your clothes get just as clean, you've saved a few gallons. Presoak clothes that are heavily soiled and pre-treat stains.

Bathroom

Put a "displacement device" in your toilet tank to reduce the amount of water your tank will hold. Take showers instead of baths.

When brushing your teeth, shaving or washing your hands or face, turn the water on and off as needed instead of letting it run continuously.

Replace or adjust "sticky" toilet handles, and make sure that the flapper-ball seats correctly.

Collect water from warming up shower or bath in a bucket and use it to do hand laundry or to water plants.

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